



# 基立学院

## JUBILEE CHRISTIAN ACADEMY

Saved to serve with love and excellence for the Great Commission.

DATE : AUGUST 28, 2020

TO : PARENTS / GUARDIANS OF JUNIOR HIGH SCHOOL (JHS)  
AND SENIOR HIGH SCHOOL (SHS)

FROM : PAUL P. CALAMIONG, Ph.D.  
Assistant School Director

SUBJECT : ONLINE VARSITY TRYOUT AND REGISTRATION FOR SCHOOL YEAR  
2020-2021

Greetings in the name of our Lord and Savior Jesus Christ!

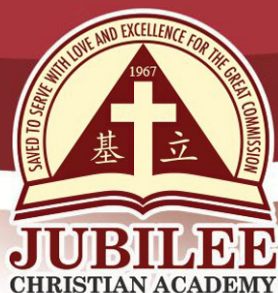
The Lord blesses Jubilee Christian Academy (JCA) Varsity Area with several top 3 winnings in School Year (SY) 2019 - 2020. They are Champions for Boys 12-Under and 14-Under Basketball in the Philippine Ching Yuen Athletic Association as well as 19-Under Basketball in the Filipino-Chinese Amateur Athletic Federation; First-Runner Up for Girls 14-Under Volleyball in Quezon City Athletic Association. The teams would not have done it without the invaluable support of the the Varsity Parents.

For SY 2020-2021, participation in Student Activities including Varsity Training is voluntary. By joining the online varsity training, your child will be able to strengthen their sports-related conditioning drills and values in order to maintain their physical and competitive fitness for future competitions as well as educational / professional references.

### 1. ONLINE VARSITY COACH AND REGULAR TRAINING SCHEDULE

VARSITY TEAM	COACH	SCHEDULE
Badminton 14-Under Boys and Girls	Mr. Cesar Lopez	Tuesday and Thursday 3:00 PM - 4:30 PM
Badminton 19-Under Boys and Girls		Monday and Wednesday 3:00 PM - 4:30 PM
Basketball 12-Under Boys	Mr. Jasper Mira	
Basketball 14 - Under Boys	Mr. Benjie Sipin	
Basketball 19-Under Boys	Mr. Cris Bautista	
Basketball 19-Under Girls	Ms. Jolina Go	
Chess	Mr. Jonas Tabion	
High School Pep Squad	Mr. Gabriel Ezra Gaddi	
Table Tennis	Mr. Nico Cawed	
Volleyball 14-Under	Mr. Marvin Gotangogan	
Volleyball 19-Under	Mr. Ervin James Peralta	

Note : There are no training during Quarter Exams, Unit Test, Thank God it's Fellowship (TGIF) and Parent-Teacher Conference (PTC) and Student-Teacher Conference (STC) days.



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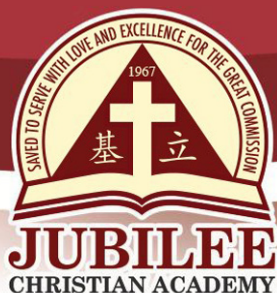
In line with this, JCA varsity teams are inviting qualified students to do online registration and tryouts for School Year 2020-2021 from 8:00 AM, September 3, 2020 upto 4:00 PM, September 10, 2020. Priority will be given to Varsity Players of the same team in SY 2019-2020 who will register for SY 2020-2021. To register, former Varsity Players must submit the duly signed parents consent form. If interested, please be guided by the following information:

### 2. ONLINE VARSITY TRYOUT ACTIVITY DETAILS

Activities must be done in 2 to 3 square meters free space for 5-10 minutes except for Chess. Area must be free from breakable or dangerous materials around your child to prevent injury. Varsity Players of the team in SY 19-20 need NOT send a tryout video as the coach will evaluate them based on SY 2019-2020 performance.

VARSITY TEAM / COACH	ACTIVITY	STUDENT'S DEMONSTRATION TASK	EQUIPMENT NEEDED
Badminton 14-Under (Incoming Grade 7 to 8)  Mr. Cesar Lopez	Badminton Fundamentals	<ul style="list-style-type: none"><li>- Proper gripping &amp; bouncing of shuttlecock</li><li>- Proper forehand and backhand swing and service</li><li>- Proper Badminton stance and form</li></ul>	Racquet and Shuttlecock
Badminton 19-Under Mr. Cesar Lopez			
Basketball 12-Under Mr. Jasper Mira	Dribbling and Ball Handling	<ul style="list-style-type: none"><li>- Dribbling between legs (3x)</li><li>- Dribbling crossover</li><li>- Dribbling high and low</li></ul>	Basketball
Basketball 14 - Under Mr. Benjie Sipin III			
Basketball 19 - Under Boys  Mr. Cris Bautista	Stationary Dribbling, Shooting, and Shooting Form	<ul style="list-style-type: none"><li>- Dribbling between legs (3x)</li><li>- Dribbling crossover</li><li>- Dribbling high and low</li><li>- Shooting in the air</li></ul>	
Basketball 19-Under Girls  Ms. Jollina Go			
Chess Mr. Jonas Tabion	Chess Online Tryout	<ul style="list-style-type: none"><li>- Play 1 game for 20 min <a href="https://www.chess.com">https://www.chess.com</a>, intermediate skill level, Live Chess Category</li><li>- Student will screen record his/her game</li></ul>	Desktop Computer or iPad





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High School Pep Squad Mr. Gabriel Ezra Gaddi	Basic Pep Squad Skills	<ul style="list-style-type: none"><li>- Jumping (Single or series of jumps not limited to toe touches)</li><li>- Flexibility (e.g., heel stretches, scorpions, needle arrows, and splits)</li><li>- Dance Demo (1-3 min.)</li></ul>	10 min.	Bluetooth Speaker, any MP3 that is not against the PVMO for dance demo
Table Tennis Mr. Jose Nicolas Cawed	Ball Control	<ul style="list-style-type: none"><li>- Ball Balance</li><li>- Ball Bouncing</li><li>- Walling</li></ul>	10 min.	1 Table Tennis paddle, 1.40+mm poly ball, Wall
Volleyball 14-Under Mr. Marvin Gotangogan	Conditioning for Volleyball	<ul style="list-style-type: none"><li>- 15 reps push-up or modified push-up</li><li>- 40 sec. planks</li><li>- 1 set of wall sit (student to time herself on how long she can hold)</li><li>- 3-step approach (footing must be seen in the video)</li></ul>	10 min.	Floor mat
Volleyball 19-Under Mr. Ervin James Peralta				

### 3. MODE OF SUBMISSION

The tryout video must be uploaded in the Google drive and shared to the coach from 8:00 AM of September 3, 2020 to 4:00 PM of September 10, 2020 only following the format below:

3.1 File Name :            Name Format :            Varsity Online Tryout Video  
   Example :            VOLLEYBALL 19-U Tryout Video

3.2 Share the uploaded video in the Google Drive to the following emails:

3.2.1 Badminton (14-U and 19-U)	<a href="mailto:cclopez@jca.edu.ph">cclopez@jca.edu.ph</a> and <a href="mailto:kvsadinas@jca.edu.ph">kvsadinas@jca.edu.ph</a>
3.2.2 Basketball 12 Under	<a href="mailto:jnmira@jca.edu.ph">jnmira@jca.edu.ph</a> and <a href="mailto:kvsadinas@jca.edu.ph">kvsadinas@jca.edu.ph</a>
3.2.3. Basketball 14 Under	<a href="mailto:basipin@jca.edu.ph">basipin@jca.edu.ph</a> and <a href="mailto:kvsadinas@jca.edu.ph">kvsadinas@jca.edu.ph</a>
3.2.4. Basketball 19 Under Boys	<a href="mailto:cpbautista@jca.edu.ph">cpbautista@jca.edu.ph</a> and <a href="mailto:kvsadinas@jca.edu.ph">kvsadinas@jca.edu.ph</a>
3.2.3 Basketball 19 Under Girls	<a href="mailto:jmgo@jca.edu.ph">jmgo@jca.edu.ph</a> and <a href="mailto:kvsadinas@jca.edu.ph">kvsadinas@jca.edu.ph</a>
3.2.4 Chess	<a href="mailto:jstabion@jca.edu.ph">jstabion@jca.edu.ph</a> and <a href="mailto:kvsadinas@jca.edu.ph">kvsadinas@jca.edu.ph</a>
3.2.5 High School Pep Squad	<a href="mailto:gngaddi@jca.edu.ph">gngaddi@jca.edu.ph</a> and <a href="mailto:kvsadinas@jca.edu.ph">kvsadinas@jca.edu.ph</a>
3.2.7 Table Tennis	<a href="mailto:jlcawed@jca.edu.ph">jlcawed@jca.edu.ph</a> and <a href="mailto:kvsadinas@jca.edu.ph">kvsadinas@jca.edu.ph</a>
3.2.8 Volleyball 14-Under	<a href="mailto:mrgotangogan@jca.edu.ph">mrgotangogan@jca.edu.ph</a> and <a href="mailto:kvsadinas@jca.edu.ph">kvsadinas@jca.edu.ph</a>
3.2.9 Volleyball 19-Under	<a href="mailto:ecperalta@jca.edu.ph">ecperalta@jca.edu.ph</a> and <a href="mailto:kvsadinas@jca.edu.ph">kvsadinas@jca.edu.ph</a>



#### 4. AGE GROUPING

The following age group will be followed strictly for School Year 2020 - 2021 Tryout.

DIVISION	OLDEST MONTH/YEAR BORN
12-Under	January 2008
14-Under	January 2006
19-Under	January 2001

#### 5. TRYOUT COMPLIANCE THAT MUST BE OBSERVED

- 5.1 Student joining must not have failing grades in SY 2019-2020 with deportment rating of not lower than /B+/.
- 5.2 Parent / Guardian Consent Form must be duly signed and submitted to [kvsadinas@jca.edu.ph](mailto:kvsadinas@jca.edu.ph) on or before September 10, 2020. No Parent / Guardian Consent Form, no participation. Parent / guardian must not be involved in any team related event that discredits JCA.
- 5.3 Student must wear prescribed attire in the tryout video (e.g., t-shirt, sports shorts, jogging pants, rubber shoes)
- 5.4 Acceptance is based on Coach's, academic, deportment, Guidance, medical and parent evaluation; need of team, and available slots. Each team consists of 10-15 players. The School's decision on accepted players is final.

#### 6. PARENT COMPLIANCE FOR ACCEPTED PLAYERS

- 6.1. An acceptance letter with detailed regular training schedule will be given to accepted players. Parent / Guardian of accepted players must attend the Online Varsity Parents Orientation as scheduled below or the players will be removed from the varsity team:

- 6.1.1 Date : Tuesday, September 15, 2020
- 6.1.2 Time : 1:30 - 2:30 PM
- 6.1.3 Venue : GOOGLE MEET

- 6.2 Accepted players are to submit the VARSITY STUDENT MEDICAL HEALTH UPDATE with all laboratory results on or before September 29, 2020. Submitted HEALTH UPDATE will be reviewed by School Doctor. Failure to submit the HEALTH UPDATE and its negative finding by the School Doctor means the student will be removed from the team. Varsity Student Medical Health Update can be downloaded from the JCA SA website.

7. INCENTIVE - one (1) incentive point will be given every quarter in the most related subject area. The 1 incentive point per quarter for varsity will be placed in Science. To qualify for the incentive point, the student must attend and participate actively for 90% of the time.

#### 8. DISQUALIFICATION

Disqualification from training and forfeiting all incentives on the following grounds:

- 8.1 Unexcused absences from the training / competition is 20 or more percent of the total attendance days within a quarter.
- 8.2 Deportment is below /B+/ in the quarter. The player may continue the training once his deportment becomes /B+/ or higher.





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8.3 Failing mark is found in any subject in the current quarter. The player may continue when the grade becomes a passing mark.

For inquiries, please contact Ms. Kimberly Anne V. Sadinan, SA Coordinator, through the official school email at [kvsadinan@jca.edu.ph](mailto:kvsadinan@jca.edu.ph). We greatly appreciate the participation of your child in the tryouts to help him / her enhance his / her athletic potential.





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### PARENT / GUARDIAN CONSENT FORM

Name of Player : \_\_\_\_\_

Date of Birth : \_\_\_\_\_

Name of Parent / Guardian : \_\_\_\_\_

Relationship to Player : \_\_\_\_\_

Email of Parent / Guardian : \_\_\_\_\_

Contact info of Parent / Guardian: \_\_\_\_\_

Title of the Activity: ONLINE VARSITY REGISTRATION, TRYOUT, AND PARTICIPATION  
SCHOOL YEAR 2020-2021

As the parent/guardian of the above-mentioned player, I hereby acknowledge that I have been informed of the details of the activity and voluntarily and freely elect to participate in it. Furthermore, I understand the risks associated with the activity, such as but not limited to the health risks and/or complications brought about by the Coronavirus Disease 2019 (COVID-2019), other illnesses and injuries.

I agree that the rules, regulations and measures established for the said activity are for the safety and security of the players, and thus agree to instruct my child to obey them unconditionally at all times.

Having understood all the aforementioned, I hereby consent to allow my child to participate in the said activity, acknowledging all of the foregoing. I am solely responsible for any expenses for my child's participation in the activity.

\_\_\_\_\_  
Parent/Guardian's Name and Signature

\_\_\_\_\_  
Date