



基立学院 JUBILEE CHRISTIAN ACADEMY

Saved to serve with love and excellence for the Great Commission.

DATE : December 09, 2020

TO : PARENTS / GUARDIANS OF GRADES 7 TO 10

M. Akmad

FROM : MARY JANE T. AKMAD
Director, Christian Formation Department

SUBJECT : JCA WELLNESS SERIES

Greetings in the name of the Lord Jesus Christ!

The pandemic has brought a lot of uncertainties to all people in the various aspects of life (e.g., spiritual, physical, social, emotional, mental, financial, professional). To help the Jubilee Christian Academy (JCA) community manage such uncertainties so as to achieve better wellness, JCA is pleased to invite all JCA parents, alumni, and personnel to a wellness series entitled “Wellness in the Midst of Pandemic”. Please see schedule below:

SESSION	DATE & TIME	TITLE	RESOURCE PERSON
	8:30 - 9:30 AM Saturday		
I	December 12, 2020	God's Way to Wellness	Dr. Aimz Delmendo Door of Hope
II	January 16, 2021	Cultivating Care for Oneself and Others	To Be Arranged
III	February 27, 2021	Combating Emotional and Mental Stress	
IV	March 20, 2021	Managing One's Financial and Professional Concerns	



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Dr. Aimee Rae “Aimz” Delmendo serves with Door of Hope Counseling Resource Center, Inc. where he practices Psychospiritual Counseling and Spiritual Direction. He is also an Elder and a Pulpit Pastor at Life Gospel Church. He is also a faculty of Philippine Alliance College of Theology and also of Alliance Graduate School where he serves as Program Director for Spiritual Formation. His degree in Doctor of Ministry in Spiritual Direction was conferred by Graduate Theological Foundation, based in Oklahoma City, in 2006. He holds a Graduate Certificate in Spiritual Direction from Tao Fong Shan Christian Center in Hong Kong, where he graduated in 2004. He earned his Master of Arts in Christian Counseling at Alliance Graduate School, Quezon City in 1995.

To join, kindly fill out the [pre-registration form](#) and submit on or before December 11, 2020. The meeting link will be emailed to you through Christian Formation Department official email. Please be informed that Google Meet can only accommodate 250 participants. For inquiries, you may e-mail cporensen@jca.edu.ph or azfradejas@jca.edu.ph.

“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.” - Philippians 4:6-7

Looking forward to see you. God bless!