

# 基立学院 JUBILEE CHRISTIAN ACADEMY

Saved to serve with love and excellence for the Great Commission.

DATE : APRIL 16, 2021

TO : PARENTS / GUARDIANS OF GRADE 6 TO 9

FROM : PAUL P. CALAMIONG, Ph.D.  
Assistant School Director

SUBJECT : VARSITY ONLINE TRYOUT SCHEDULES FOR SCHOOL YEAR 2021-2022

Greetings in the name of our Lord and Savior Jesus Christ!

The Jubilee Christian Academy (JCA) Varsity Area would like to thank the Varsity Parents for their unrelenting support.

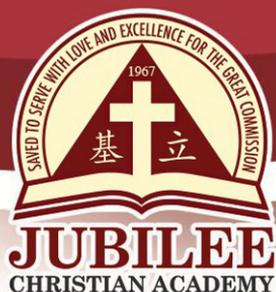
In line with this, the different JCA varsity teams will be conducting online tryouts in preparation for School Year 2021-2022 from April 19, 2021 to May 5, 2021. Qualified students are encouraged to tryout. For interested students, please be guided by the following information:

## 1. SELECTION CRITERIA

- 1.1 No failing grade in any subject
- 1.2 Department letter grade of / B+ / or above
- 1.3.No disciplinary issuance that constitutes a Violation Report

## 2. ONLINE VARSITY TRYOUT ACTIVITY DETAILS

VARSITY TEAM / COACH	ACTIVITY	STUDENT'S DEMONSTRATION TASK	MAX. TIME	EQUIPMENT AND SPACE REQUIREMENT
Badminton Mr. Cesar Lopez	Racket Handling Activity	The following must be done 3x: - Badminton shadow swing (forehand and backhand) - Bouncing shuttle cock on the wall using forehand and backhand - Footwork with racket on hand- forward / backward and side to side	5 min.	Racket and Shuttlecock and safe space preferably 3x3 square meters and up with sturdy wall
Basketball 12-Under (Following age bracket) Mr. Jasper Mira	Dribbling and Ball Handling	- Stationary between legs dribbling - Stationary behind the back dribbling - Stationary front front cross over dribbling	5 min.	Basketball and safe space preferably 3x3 square meters and up
Basketball 14-Under (Following age bracket) Mr. Benjamin Sipin III	Dribbling and Ball Handling	- One minute continues jog in place - Stationary dribble cross over front to behind the back - Between legs cross over and behind back dribbling	5 min.	Basketball and safe space preferably 3x3 square meters and up

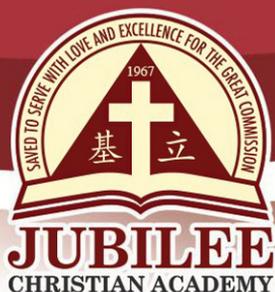


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VARSITY TEAM / COACH	ACTIVITY	STUDENT'S DEMONSTRATION TASK	MIN. / HOURS	EQUIPMENT AND SPACE REQUIREMENT
Basketball 19 - Under Boys (Following age bracket)  Mr. Crisanto Bautista	Dribbling and Ball Handling	<ul style="list-style-type: none"> <li>- Dribbling between legs (3x)</li> <li>- Dribbling crossover</li> <li>- Dribbling high and low</li> <li>- One minute high knee running in place</li> </ul>	5 min.	Basketball and safe space preferably 3x3 square meters and up
Basketball 19 - Under Girls (Following age bracket)  Ms. Jolina Go	Stationary Dribbling, Shooting, and Shooting Form	<ul style="list-style-type: none"> <li>- Dribbling between legs (3x)</li> <li>- Dribbling crossover</li> <li>- Dribbling high and low</li> <li>- Shooting in the air</li> </ul>	5 min.	Basketball and safe space preferably 3x3 square meters and up
Chess (Incoming Grade 7 to 10)  Mr. Jonas Tabion	Chess Online Tryout	<ul style="list-style-type: none"> <li>- Play 1 game, 20 min. each at <a href="https://www.chess.com">https://www.chess.com</a>, Intermediate skill level, Live Chess Category</li> <li>- Student will screen record his/her game</li> </ul>	20 min.	iPad or any personal computer, desk, and chair
High School Pep Squad (Incoming Grade 7 to 10)  Mr. Gabriel Ezra Gaddi	Basic Pep Squad Skills	<ul style="list-style-type: none"> <li>- Jumping (Single or series of jumps not limited to toe touches)</li> <li>- Flexibility (e.g., heel stretches, scorpions, needle arrows, and splits)</li> <li>- Dance Demo (1-3 min.)</li> </ul>	5 min.	Bluetooth Speaker, any MP3 that is not against the PVMO for dance demo, safe space preferably 3 x 3 square meters and up
Table Tennis (Incoming Grade 7 to 10)  Mr. Jose Nicolas Cawed	Ball Control	<ul style="list-style-type: none"> <li>- Ball Balance on Racket using forehand and backhand grip</li> <li>- Ball Bouncing on Racket using forehand and backhand grip</li> <li>- Forehand and backhand walling</li> </ul>	5 min.	Table Tennis Racket, 1.40+mm pingpong ball, safe space preferably 3 x 3 square meters and up with sturdy wall
Volleyball 14-Under (Following age bracket)  Mr. Marvin Gotangogan	Basic Volleyball Skills	<ul style="list-style-type: none"> <li>- 1 set of wall sit (student to time herself on how long she can hold)</li> <li>- 3-step volleyball stance from standing to receiving position</li> <li>- Volleyball dig pass on the wall</li> </ul>	5 min.	Volleyball and safe space preferably 3x3 square meters and up with sturdy wall
Volleyball 19-Under (Following age bracket)  Mr. Ervin James Peralta		<ul style="list-style-type: none"> <li>- 15 reps push-up or modified push-up</li> <li>- 1 set of wall sit (student to time herself on how long she can hold)</li> <li>- 3-step volleyball stance from standing to receiving position</li> <li>- Volleyball dig pass on the wall</li> </ul>		



### 3. MODE OF SUBMISSION

3.1 Interested former varsity members are to enlist through this link:

<https://forms.gle/f7nV5v4zpGVBVep26>. No need to submit demonstration video.

3.2 For new varsity applicants, submit a tryout video by uploading it in the Google drive and sharing it to the coach from 4:00 PM of April 19, 2021 to 4:00 PM of May 5, 2021 with the following format below:

3.2.1 File Name : Name Format : Varsity Online Tryout Video - (Label the Varsity Team)  
Example : Varsity Online Tryout Video - VOLLEYBALL 14-U

3.3 Share the uploaded video in the Google Drive to the following emails:

3.3.1 High School Badminton [cclopez@jca.edu.ph](mailto:cclopez@jca.edu.ph)  
3.3.2 Basketball 12-Under [jmira@jca.edu.ph](mailto:jmira@jca.edu.ph)  
3.3.3 Basketball 14 - Under [basipin@jca.edu.ph](mailto:basipin@jca.edu.ph)  
3.3.4 Basketball 19 - Under Boys [cpbautista@jca.edu.ph](mailto:cpbautista@jca.edu.ph)  
3.3.5 Basketball 19-Under Girls [jmgo@jca.edu.ph](mailto:jmgo@jca.edu.ph)  
3.3.6 Chess [jstabion@jca.edu.ph](mailto:jstabion@jca.edu.ph)  
3.3.7 High School Pep Squad [gngaddi@jca.edu.ph](mailto:gngaddi@jca.edu.ph)  
3.3.8 Table Tennis [jlcawed@jca.edu.ph](mailto:jlcawed@jca.edu.ph)  
3.3.9 Volleyball 14-Under [mrgotangogan@jca.edu.ph](mailto:mrgotangogan@jca.edu.ph)  
3.3.10 Volleyball 19-Under [ecperalta@jca.edu.ph](mailto:ecperalta@jca.edu.ph)

### 4. AGE GROUPING

The following age group will be followed strictly for School Year 2021 - 2022 Tryout.

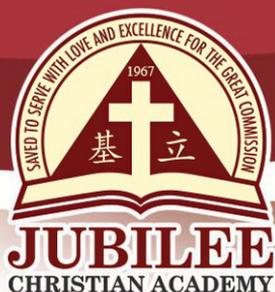
DIVISION	OLDEST MONTH/YEAR BORN
12-Under	January 2009
14-Under	January 2007
19-Under	January 2002

### 5. TRYOUT COMPLIANCE

Interested students must comply with the following JCA tryout requirements:

5.1 Duly signed Parents / Guardians consent form.

5.2 Student must wear prescribed attire in the tryouts (e.g., sports shirt, sports shorts, or jogging pants, rubber shoes, etc.)



## 6. PARENT COMPLIANCE

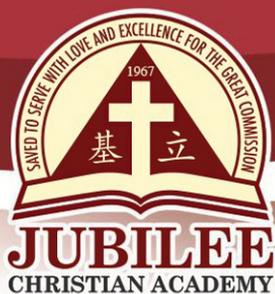
6.1 Parents of the qualified student-athletes must comply with the following:

- 6.1.1. Attend the mandatory Parents Orientation for accepted students. Information will be given to qualified students through an acceptance letter.
- 6.1.2. Submit the Parent's/Guardian Consent form on or before the Parents Orientation.
- 6.1.3. Submit the required JCA medical certificate before the start of the Varsity Training
- 6.1.4. Failure to provide necessary documents would mean the student will not be accepted.

7. An acceptance letter with the detailed regular training schedule will be given to accepted students. The School's decision on accepted students is final.

8. For inquiries, please contact Ms. Kimberly Anne Sadinan, SA Coordinator, through the official school email at [kvsadinan@jca.edu.ph](mailto:kvsadinan@jca.edu.ph) (cc: [sa@student.jca.edu.ph](mailto:sa@student.jca.edu.ph))

We greatly appreciate the participation of your child in the tryouts to help them discover their athletic potential.



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**PARENTS / GUARDIANS CONSENT FORM**

Name of Student : \_\_\_\_\_  
Date of Birth : \_\_\_\_\_ Gender: \_\_\_\_\_  
Parent's/Guardian's Name : \_\_\_\_\_  
Relationship to Student : \_\_\_\_\_  
Contact Number/s : \_\_\_\_\_

Title of the Activity/ies

**Varsity Online Tryout for  
School Year 2021-2022**

Team : \_\_\_\_\_

As the parent/guardian of the above-mentioned student, I hereby acknowledge that I have been informed of the details of the varsity activity and voluntarily and freely elect to participate in this said activity. Furthermore, I understand the risks associated with the varsity activity, such as but not limited to the health risks and/or complications brought about by the Coronavirus Disease 2019 (COVID-2019), other illnesses and injuries.

I agree that the rules, regulations and measures established for the said activity are for the safety and security of the participants, and thus agree to instruct my child or children to unconditionally obey them at all times.

Having understood all the aforementioned, I hereby consent to allow my child or children to participate, acknowledging all of the foregoing. I am also solely responsible for any expenses for my child or children's participation in the activity.

Should my child suffer injury or illness during the activity and I cannot be contacted, I hereby authorize any representative of JCA accompanying my child to authorize and secure the necessary medical attention for my child as the said representative may deem appropriate under the circumstances.

\_\_\_\_\_  
Parent's /Guardian's Name and Signature

\_\_\_\_\_  
Date